## PROCLAMATION "Men's Health Month"

## June

WHEREAS: Despite advances in medical technology and research, men continue to live an average of five

years less than women with Native American and African-American men having the lowest life

expectancy; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and

early detection of male health problems will result in reducing rates of mortality from disease;

and

WHEREAS: Men who are educated about the value of preventative health will be more likely to participate in

health screening. Fathers who maintain a healthy lifestyle are role models for their children and

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WHEREAS: Men's Health Network worked with Congress to develop national Men's Health Week as a special

campaign to help educate me, boys, and their families about the importance of positive health

attitudes and preventative health practices; and

WHEREAS: The Men's Health Week website has been established at www.MensHealthMonth.org and features

resources, proclamations, and information about awareness events and activities, including Wear

Blue for Men's Health (www.WearBlueForMensHealth.com); and

WHEREAS: Pueblo's Men's Health Month will focus on a broad range of men's health issues, including heart

disease, diabetes, mental health, prostate, testicular and colon cancer. The citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and

medical check-ups.

NOW, THEREFORE, WE, the City Council of the City of Pueblo, Colorado, by the authority vested in us, do hereby proclaim June as "Men's Health Month" in the City of Pueblo, Colorado and encourage all our citizens to pursue preventative health practices and early detection efforts.



IN WITNESS WHEREOF, I have hereunto set my hand and eaused the Seal of the City of Pueblo, Colorado, to be affixed this first day

Dennis E. Flores
President of the City Council

