



OFFICIAL PROCLAMATION

~ *Office of the Mayor* ~

SCHENECTADY, NEW YORK

Whereas, Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas, Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, Men who are educated about the value of preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Whereas, Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, The Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health www.WearBlueForMensHealth.com ; and

Whereas, Schenectady's Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

Whereas, The citizens of Schenectady are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, therefore, I, Gary R. McCarthy, Mayor of the City of Schenectady, do hereby proclaim **June, 2020, as Men's Health Month in the City of Schenectady,** and encourage all of our citizens to pursue preventative health practices and early detection efforts.



IN WITNESS WHEREOF, I Have Hereunto Set My
Hand and Cause the Seal of the City of Schenectady to
be Affixed this 1st day of June, 2020

Gary R. McCarthy

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