

Metropolitan Government of Nashville and Davidson County



Office of the Mayor

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan as well as their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle model healthy habits for their children; and

WHEREAS, Men's Health Network worked with Congress to develop Men's Health Month as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's health; and

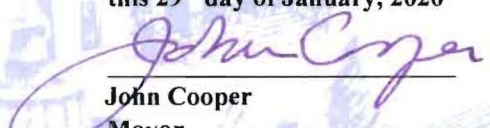
WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, Nashvillians are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

THEREFORE, BE IT RESOLVED, I, John Cooper, Mayor of the Metropolitan Government of Nashville and Davidson County, do hereby proclaim June as Men's Health Month in Nashville, and encourage our citizens to pursue preventative health practices and early detection efforts.

"Men's Health Month"

I have hereunto set my hand on
this 29th day of January, 2020


John Cooper
Mayor

