Whereas, despite medical advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and,

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

Whereas, the City of Wichita Falls' Men's Health Month will focus on a broad range of men's health issues, including heart disease, and prostate, testicular and colon cancer; and,

Whereas, citizens are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, therefore, I, Stephen L. Santellana, Mayor of Wichita Falls, do hereby proclaim March 2020, as

Men's Health Month

in Wichita Falls, and I encourage all our citizens to pursue preventative health practices and early detection efforts.

In witness whereof, I have hereunto set my hand and caused to be affixed the Great Seal of the City of Wichita Falls.

Stephen L. Santellana
Mayor of Wichita Falls

2-4-2020