Municipality of Anchorage, Alaska

PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop Men's Health Week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Anchorage Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular, and colon cancer; and

WHEREAS, the residents of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Ethan Berkowitz, Mayor of the Municipality of Anchorage, Alaska, do hereby proclaim June 15 - 21, 2020 as

Men's Health Week

IN Anchorage, and encourage all residents to pursue preventative health practices and early detection efforts.

Mayor Ethan Berkowitz