

City of Chattanooga

Office of the Mayor

roclamation

Whereas, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and

African-American men having the lowest life expectancy; and

Whereas, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will

result in reducing rates of mortality from disease; and

Whereas, men who are educated about the value that preventive health can play

in prolonging their lifespan and their role as productive family members

will be more likely to participate in health screenings; and

Whereas, fathers who maintain a healthy lifestyle are role models for their

children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national

men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health

attitudes and preventative health practices; and

Whereas, the Men's Health Month website has been established at

www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue

for Men's Health (www.WearBlueForMensHealth.com); and

Whereas, Chattanooga Men's Health Month will focus on a broad range of men's

health issues, including heart disease, mental health, diabetes, and

prostate, testicular and colon cancer; and

Whereas, the citizens of this city are encouraged to increase awareness of the

importance of a healthy lifestyle, regular exercise, and medical

checkups.

Row Therefore,

I, Andy Berke, Mayor of the City of Chattanooga, do hereby proclaim the month of June 2020 as

Men's Health Month

In Witness Whereof, I have hereunto set my hand and caused the Seal of the City of Chattanooga to be affixed this the 31st Day of January, 2020.



Andy Berke, Mayor