



Men's Health Week

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and,

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value of preventative health will be more likely to participate in health screening, and fathers who maintain a healthy lifestyle are role models for their children, who are often happier and healthier; and,

WHEREAS, Men's Health Network worked with Congress to develop **National Men's Health Week** as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and,

WHEREAS, **Men's Health Week** will take place June 12-18, 2020, and will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer; and,

WHEREAS, the City of Houston commends those participating in **Men's Health Week** for their commitment to bringing awareness to men's health issues and extends best wishes on a successful observance.

THEREFORE, I, Sylvester Turner, Mayor of the City of Houston, hereby proclaim June 12-18, 2020, as

Men's Health Week

in Houston, Texas.

In Witness Whereof, I have hereunto set my hand and have caused the Official Seal of the City of Houston to be affixed this 1st day of June, 2020.

Sylvester Turner
Mayor of the City of Houston

