State of Michigan, United States of America

Proclamation

Men’s Health Month
June 2020

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and,

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and,

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and,

WHEREAS, Men’s Health Network worked with Congress to develop a national men’s health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and,

WHEREAS, the Men’s Health Month website, www.menshealthmonth.org, and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men’s Health; and,

WHEREAS, the City of Kalamazoo Men’s Health Month focus on a broad range of men’s health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and,

WHEREAS, the citizens of Kalamazoo are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, DAVID F. ANDERSON, MAYOR OF THE CITY OF KALAMAZOO, do hereby proclaim June 2020 as Men’s Health Month in Kalamazoo and encourage all citizens to pursue preventative health practices and early detection efforts.

David F. Anderson
Mayor