

The State of Maryland



Proclamation

From the Governor of the State of Maryland

MEN'S HEALTH MONTH JUNE 2020

- WHEREAS,** *Despite advances in medical technology and research, men continue to live an average of almost five years less than women with African-American men having the lowest life expectancy; and*
- WHEREAS,** *Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value of preventative health will be more likely to participate in health screening; and*
- WHEREAS,** *The Men's Health Network worked with congress to develop National Men's Health Month as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices. Our state will focus on a broad range of men's health issues, including heart disease, diabetes, prostate, testicular and colon cancer; and*
- WHEREAS,** *Heightening the awareness of preventable health problems and increasing early detection and treatment of disease would significantly improve our Nation's health, as well as save limited health care dollars; and*
- WHEREAS,** *All Marylanders are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.*

NOW, THEREFORE, I, LAWRENCE J. HOGAN, JR., GOVERNOR OF THE STATE OF MARYLAND, do hereby proclaim JUNE 2020 as MEN'S HEALTH MONTH in Maryland and do encourage all citizens to pursue preventative health practices and early detection efforts.



Given Under My Hand and the Great Seal of the State of Maryland,
this 1st day of June
Two Thousand and twenty

Lawrence J. Hogan, Jr.
Governor

Byrd H. Lathrop
Lt. Governor

John C. Wilkerson
Secretary of State