

Whereas, despite advances in medical technology and research, men continue to live an average of five fewer years than women, with Native American and African-American men having the lowest life expectancy; and

Experses, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Thereas, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

Whereas, Oklahoma Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

Whereas, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups;

Row Therefore, I, Governor J. Kevin Stitt, do hereby proclaim June 2020 as

"Men's Health Month"

in the State of Oklahoma.

In Witness Whereat, I have hereunto set my hand and caused the Great Seal of the State of Oklahoma to be affixed.

