

# Commonwealth of Pennsylvania



## Governor's Office

### PROCLAMATION

**MEN'S HEALTH MONTH**

*June 2020*

**MEN'S HEALTH WEEK**

*June 15-21, 2020*

*WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy of all populations in the United States; and*

*WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will reduce rates of mortality from disease; and*

*WHEREAS, men who are educated about the value of preventive health will be more likely to participate in health screenings, therefore modeling healthy choices for their families; and*

*WHEREAS, Men's Health Month was developed as a special campaign to help educate men and their families about the importance of positive health attitudes and preventive health practices; and*

*WHEREAS, Men's Health Month focuses on a broad range of men's health issues, including heart disease, diabetes, mental health, and prostate, testicular, and colon cancer; and*

*WHEREAS, by promoting physical and mental wellness through healthy lifestyle choices, regular exercise, and medical checkups, we protect the commonwealth's greatest resource – its people.*

*THEREFORE, I, Tom Wolf, Governor of the Commonwealth of Pennsylvania, do hereby proclaim June 2020 as MEN'S HEALTH MONTH and June 15-21, 2020, as MEN'S HEALTH WEEK. I encourage all Pennsylvanians to pursue preventive health practices and early detection efforts.*



*GIVEN under my hand and the Seal of the Governor, at the City of Harrisburg, on this first day of May two thousand twenty, the year of the commonwealth the two hundred forty-fourth.*

*Tom Wolf*  
TOM WOLF  
Governor