



Men's Health Month

June 2020

WHEREAS, Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and healthcare providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value of preventative health will be more likely to participate in health screening; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Healthcare Network worked with Congress to develop National Men's Health awareness period as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

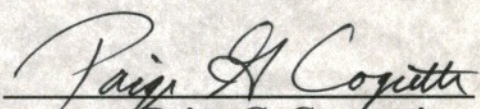
WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, Scranton's Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW THEREFORE, I Paige G. Cagnetti, Mayor of the City of Scranton, Pennsylvania, do hereby proclaim the month of **June 2020** as "**MEN'S HEALTH MONTH**" in the City of Scranton and I encourage all citizens to pursue preventative health practices and early detection efforts.




Paige G. Cagnetti
Mayor