WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop National Men's Health Week as a special campaign to help educate men and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and regular medical check-ups.

NOW, THEREFORE, I, RAY O'CONNELL, Mayor of the City of Allentown, Pennsylvania, encourage all our citizens to pursue preventative health practices and early detection efforts and do furthermore hereby proclaim the month of June 2020 as

MEN'S HEALTH MONTH
IN ALLENTOWN

Ray O'Connell
Mayor