PROCLAMATION

- WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and
- WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will reduce the rates of mortality from disease; and
- WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS, working with Congress, the Men's Health Network developed a national men's health awareness campaign to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices; and
- WHEREAS, the Men's Health Month website, www.MensHealthMonth.org, features resources and information about awareness events and activities, including the "Wear Blue for Men's Health" initiative; and
- WHEREAS, the city of Bloomington, Indiana will observe Men's Health Month by supporting the awareness of men's health issues including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- WHEREAS, Men's Health Month serves as an important reminder for all men to maintain a healthy lifestyle, exercise regularly and have routine medical check-ups in order to live a more healthy and productive life;

NOW, THEREFORE, I, John Hamilton, Mayor of the City of Bloomington do hereby proclaim June 2020 as

Men's Health Month

in Bloomington, Indiana and encourage all residents to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused to be affixed, the Seal of the City of Bloomington this 26th day of May, 2020.

John Hamilton

Mayor, City of Bloomington

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