Proclamation Recognizing
June 2020 As
Men's Health Month

Whereas, despite advances in medical technology and research, men continue to
live an average of five years less than women with Native American and
African American men having the lowest life expectancy; and

Whereas, educating the public and health care providers about the importance of a
healthy lifestyle and early detection of male health problems will result in
reducing rates of mortality from disease; and

Whereas, men who are educated about the value that preventive health can play in
prolonging their lifespan and their role as productive family members will
be more likely to participate in health screenings; and

Whereas, fathers who maintain a healthy lifestyle are role models for their children
and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national men's
health awareness period as a special campaign to help educate men,
boys, and their families about the importance of positive health attitudes
and preventative health practices; and

Whereas, the Men's Health Month web site has been established at
www.MensHealthMonth.org and features resources, proclamations, and
information about awareness events and activities, including Wear Blue
for Men's Health (www.WearBlueForMensHealth.com); and

Whereas, Enfield Men's Health Month will focus on a broad range of men's health
issues, including heart disease, mental health, diabetes, and prostate,
testicular and colon cancer; and

Whereas, the citizens of this city are encouraged to increase awareness of the
importance of a healthy lifestyle, regular exercise, and medical check-ups.

Now, therefore, I, Michael Ludwick, Mayor of the Town of Enfield, on behalf of the Town
Council, the Town Administration, and the entire community do hereby proclaim June as
Men's Health Month in, and encourage all our citizens to pursue preventative health
practices and early detection efforts.

Michael Ludwick, Mayor
June 1, 2020