

# The Commonwealth of Massachusetts



## A Proclamation

*Whereas, Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and*

*Whereas, Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and*

*Whereas, Men who are educated about the value of preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and*

*Whereas, Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and*

*Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and*

*Whereas, Massachusetts Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and*

*Whereas, The citizens of Massachusetts are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups,*

*Now, Therefore, I, Charles D. Baker, Governor of the Commonwealth of Massachusetts, do hereby proclaim June 15<sup>th</sup> to June 21<sup>st</sup>, 2020, to be,*

## MEN'S HEALTH WEEK

*And urge all the citizens of the Commonwealth to take cognizance of this event and participate fittingly in its observance.*

*Given at the Executive Chamber in Boston, this first day of June, in the year two thousand and twenty, and of the Independence of the United States of America, the two hundred and forty-third.*

BY HIS EXCELLENCY

Handwritten signature of Charles D. Baker in blue ink.

CHARLES D. BAKER  
GOVERNOR OF THE COMMONWEALTH

Handwritten signature of Karyn E. Polito in blue ink.

KARYN E. POLITO  
LT. GOVERNOR OF THE COMMONWEALTH

Handwritten signature of William Francis Galvin in blue ink.

WILLIAM FRANCIS GALVIN  
SECRETARY OF THE COMMONWEALTH