A Proclamation

Whereas, Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African American men having the lowest life expectancy; and

Whereas, Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, Men who are educated about the value of preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Whereas, Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

Whereas, Massachusetts Men's Health Week will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular and colon cancer; and

Whereas, The citizens of Massachusetts are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups,

Now, Therefore, I, Charles D. Baker, Governor of the Commonwealth of Massachusetts, do hereby proclaim June 15th to June 21st, 2020, to be,

MEN'S HEALTH WEEK

And urge all the citizens of the Commonwealth to take cognizance of this event and participate fittingly in its observance.

Given at the Executive Chamber in Boston, this first day of June, in the year two thousand and twenty, and of the Independence of the United States of America, the two hundred and forty-third.

By His Excellency

Charles Baker
Governor of the Commonwealth

Karyn E. Polito
Lt. Governor of the Commonwealth

William Francis Galvin
Secretary of the Commonwealth