WHEREAS: Despite advances in medical technology and research, men continue to live an average of five years less than women and Native American and African-American men have some of the lowest life expectancies in the United States; and

WHEREAS: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS: Culturally appropriate approaches are important to educate about the value that preventive health can play in prolonging lifespan and increase participation in health screenings; and

WHEREAS: Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS: The Minnesota Department of Health focuses on a broad range of men’s health issues, including heart disease, mental health, diabetes, and prostate, testicular, and colon cancer; and

WHEREAS: We must increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, TIM WALZ, Governor of Minnesota, do hereby proclaim the month of June 2020, as:

MEN’S HEALTH MONTH

in the State of Minnesota.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Minnesota to be affixed at the State Capitol this 4th day of June.

GOVERNOR

SECRETARY OF STATE