

## PROCLAMATION "Men's Health Month"

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than woman with native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Month website has been established at <a href="https://www.menshealthmonth.org">www.menshealthmonth.org</a> and features resources, proclamations and information about awareness events and activities; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices.

**NOW THEREFORE**, I, Greg L. Mengarelli, Mayor of the City of Prescott, Arizona, do hereby encourage citizens of this city to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups and to pursue preventative health practices and early detection efforts and do proclaim June as:

Men's Health Month

IN WITNESS THEREOF, I have hereunto set my hand and caused the Seal of the City of

Prescott to be affixed this 17th day of June, 2020

ATTEST:

GREG I

SARAH SIEP, CITY CLERK

MENGARELUL MAYOR