

Proclamation

To The People of Akron:

Whereas: Despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

Whereas: Covid-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic. Encouraging safe behaviors including social distancing, wearing masks and being vaccinated will help stop the spread of Covid-19; and

Whereas: Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

Whereas: Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

Whereas: Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

Whereas: The Men's Health Month website has been established at: <u>www.MensHealthMonth.org</u> and features resources, proclamations and information about awareness events and activities including Wear Blue for Men's Health: <u>www.WearBlueForMensHealth.com</u>; and

Whereas: During the month of June 2021, Men's Health Month will focus on a broad range of men's health issues including heart disease, mental health, diabetes and prostate, testicular and colon cancer. The citizens of the City of Akron are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

Now, Therefore: I, Daniel Horrigan, Mayor of the City of Akron, Ohio, do hereby proclaim the month of June 2021, as:

"MEN'S HEALTH MONTH"

in the City of Akron and encourage all citizens to pursue preventative health practices and early detection efforts throughout the year.

In Witness Whereof: I have hereunto set my hand and caused the Seal of the City of Akron to be affixed hereto this 12th day of May, 2021.

