



OFFICE OF THE MAYOR  
CITY OF CHICAGO

LORI E. LIGHTFOOT  
MAYOR

PROCLAMATION

WHEREAS, the month of June is recognized as Men's Health Month and the health and well-being of men is an important subject that is often not discussed in the greater context of national and international health; and

WHEREAS, despite the advances in medical technology and research, men continue to live an average of five years less than women with African American men having the lowest life expectancy; and

WHEREAS, by communicating with and educating the public and healthcare providers about the importance of a healthy lifestyle and the early detection of male health problems can result in the reduction of rates of mortality from disease; and

WHEREAS, men that are educated about the importance of preventative health will be more likely to participate in health screenings, and fathers who maintain a healthy lifestyle are role models for their children and often have happier and healthier children; and

WHEREAS, 27 years ago, Men's Health Network worked with Congress to develop National Men's Health Week as a campaign to educate men and their families on the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Week website, [www.MenHealthWeek.org](http://www.MenHealthWeek.org), features resources, proclamations, and information about awareness events and activities including the Wear Blue for Men's Health initiative; and

WHEREAS, Men's Health Week in the City of Chicago will focus on a broad range of men's health issues including heart disease, mental health, and diabetes along with prostate, testicular and colon cancer; and

WHEREAS, residents in and around Chicagoland are encouraged to recognize the significance of a healthy lifestyle supplemented by regular exercise and medical check-ups:

NOW, THEREFORE, I, LORI E. LIGHTFOOT, MAYOR OF THE CITY OF CHICAGO, do hereby proclaim June 14-20, 2021 – the week ending on Father's Day – to be MEN'S HEALTH WEEK IN CHICAGO and urge all Chicagoans to take preventative health measures and pursue early detection efforts to not only lengthen life but impact the greater community.

Dated this 14th day of June, 2021.

A handwritten signature in blue ink that reads "Lori E. Lightfoot".  
Mayor