

# City of Council Bluffs

## Office of the Mayor Proclamation

*WHEREAS,* men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

*WHEREAS,* fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

*WHEREAS,* the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

*WHEREAS,* the Men's Health Month web site has been established at: [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health ([www.WearBlueForMensHealth.com](http://www.WearBlueForMensHealth.com)); and

*WHEREAS,* Council Bluffs, Iowa Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

*WHEREAS,* the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

**NOW, THEREFORE, I,**

**Matthew J. Walsh, Mayor  
of the City of Council Bluffs, Iowa  
do hereby proclaim**

**June 2021**

*As*

**Men's Health Month**

in the City of Council Bluffs, Iowa and encourage all of our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the official seal of the City of Council Bluffs, Iowa to be affixed this 1st day of June, in the year Two Thousand Twenty One.

  
Matthew J. Walsh, Mayor

