<u>THE CLTYOF</u> EULESS

Texas

continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, COVID-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month web site has been established at www.MensHeathMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (www.WearBlueForMensHealth.com); and

WHEREAS, Euless Men's Health Month will focus on a broad range of men's health issues, including hear disease, mental health, diabetes, and prostate, testicular, and colon cancers; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Linda Martin, Mayor of the City of Euless, Texas, do hereby proclaim June 2021 as:

MEN'S HEALTH MONTH

in Euless and encourage all our citizens to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have signed my name and affixed the official seal of the City hereto, on this 24th day of March 2021.

Linda Marin, Mayor