



City of McAllen



Proclamation

**STATE OF TEXAS
COUNTY OF HIDALGO
CITY OF MCALLEN**

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the City of McAllen Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the citizens of McAllen are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups;

NOW THEREFORE, I, Jim Darling, Mayor of the City of McAllen, Texas by virtue of the authority vested in me and on behalf of the City Commission, do hereby proclaim the month of June, as:

"Men's Health Month"

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of McAllen to be affixed on this 9th day of April, 2021.

ATTEST:

Perla Lara

Perla Lara, TRMC/CMC, CPM
City Secretary

James E. Darling

Jim Darling, Mayor