



## THE CITY OF SPRINGFIELD, MASSACHUSETTS

MAYOR DOMENIC J. SARNO

HOME OF THE BASKETBALL HALL OF FAME

### *Proclamation*

*Whereas,*

Despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy among men. Racial disparities in health and health care access are prevalent, and awareness is the first step toward correcting these imbalances; and

*Whereas,*

COVID-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic. Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19, and

*Whereas,*

Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease. Men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

*Whereas,*

Fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children. The Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices.

*Whereas,*

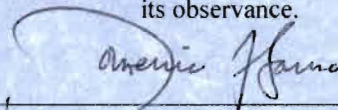
During Men's Health Month we shine a light on the disparate life expectancies among Native American and African American men and their white counterparts and focus on closing these health gaps. The City of Springfield continues to recognize racism as a public health crisis and today, the City joins with the Men's Health Network in recognizing the Month of June as Men's Health Month as we continue to work toward healthier communities for all.

*Therefore, I, Domenic J. Sarno, Mayor*  
of the City of Springfield, do hereby proclaim the

**Month of June 2021 as**

**“Men's Health Month”**

in the great City of Springfield and I strongly encourage every citizen to be aware of this event and participate suitably in its observance.

  
DOMENIC J. SARNO, MAYOR

*Good health &  
Good Bless.*