

CITY OF TRENTON



TRENTON, NEW JERSEY

Proclamation

BY THE MAYOR

Men's Health Month

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy;

WHEREAS, COVID-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic;

WHEREAS, encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19;

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease;

WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings;

WHEREAS, father who maintain a healthy lifestyle are role models for their children and have happier, healthier children;

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventive health practices;

WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health;

WHEREAS, Trenton Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of Trenton are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, BE IT RESOLVED, as the Mayor of the City of Trenton, New Jersey, do hereby proclaim June as Men's Health Month in Trenton, and encourage all our citizens to pursue preventive health practices and early efforts throughout the year

Given under my hand and seal of office
On June 1, 2021



W. Reed Gusciora, Mayor