

Village of Arlington Heights Proclamation Recognizing June as Men's Health Month

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native-American and African-American men having the lowest life expectancy; and

WHEREAS, COVID-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social distancing, wearing masks and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

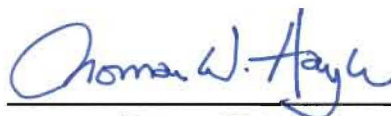
WHEREAS, men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

WHEREAS, the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, Arlington Heights Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular & colon cancer; and

WHEREAS, the citizens of this city are encouraged in increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE, I, Thomas W. Hayes, Mayor of Arlington Heights, along with the Village Board, proclaim June, 2021 as **MEN'S HEALTH MONTH** in the Village of Arlington Heights.



Thomas W. Hayes
Mayor of Arlington Heights

Trustee Rich Baldino
Trustee James Bertucci
Trustee Mary Beth Canty
Trustee Nicolle Grasse

Trustee Robin LaBedz
Trustee John Scaletta
Trustee Tom Schwingbeck
Trustee Jim Tinaglia

