



Proclamation:

Office of the Mayor of the City of Hackensack

WHEREAS, June is Men's Health Month which began in 1994 to heighten the awareness of preventable male health problems and early detection and treatment to reduce the rate of mortality from disease as men continue to live an average of five years less than women; and

WHEREAS, men who are educated about preventive health and their role as productive family members are more likely to participate in health screenings. Fathers who maintain a healthy lifestyle are role models for their children; and

WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, prostate, testicular and colon cancer; and

WHEREAS, the citizens of Hackensack are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, JOHN P. LABROSSE, JR., Mayor of the City of Hackensack, along with the members of the City Council, do hereby proclaim June as Men's Health Month and encourage all our citizens to pursue preventative health practices and early detection efforts throughout the year.

Presented this 1st day of June 01, 2021

John P. Labrosse, Jr., Mayor