

IN THE NAME AND BY THE AUTHORITY OF THE STATE OF IOWA

PROCLAMATION

- WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and
- **WHEREAS,** COVID-19 is destroying lives across the country, with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and
- WHEREAS, encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and
- WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and
- **WHEREAS,** men who are educated about the value that preventive health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and
- WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and
- WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and
- WHEREAS, the Men's Health Month web site has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (www.WearBlueForMensHealth.com); and
- WHEREAS, Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and
- **WHEREAS**, the citizens of this state are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups:

NOW, THEREFORE, I, Kim Reynolds, Governor of the State of Iowa, do hereby proclaim the month of June 2021, as

MEN'S HEALTH MONTH

OF THE STATE OF TH

IN TESTIMONY WHEREOF, I HAVE HEREUNTO SUBSCRIBED MY NAME AND CAUSED THE GREAT SEAL OF THE STATE OF IOWA TO BE AFFIXED. DONE AT DES MOINES THIS 2 15+ DAY OF JUNE IN THE YEAR OF OUR LORD TWO THOUSAND TWENTY-ONE.

KIM REYNOLDS

GOVERNOR OF IOWA

ATTEST:

SECRETARY OF STATE