

*Office of the Mayor*

# Lenoir City, Tennessee

## Proclamation

*WHEREAS*, the governing body of the City of Lenoir City has adopted a policy of recognizing and honoring outstanding individuals, establishments, and organizations within our community; and

*WHEREAS*, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and

*WHEREAS*, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

*WHEREAS*, men who are educated about the value of preventative health can play a part in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and

*WHEREAS*, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

*WHEREAS*, Men's Health Network worked with Congress to develop Men's Health week as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

*WHEREAS*, the Men's Health Website has been established at [www.MensHealthMonth.org](http://www.MensHealthMonth.org) and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and

*WHEREAS*, Lenoir City Men's Health Month will focus on a broad range of men's health issues, including heart disease, diabetes, mental health, prostate, testicular, and colon cancer, and citizens are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

*Now, Therefore* I, Tony R. Aikens, Mayor of the City of Lenoir City, do hereby *Proclaim* the month of June 2021 as Men's Health Month in Lenoir City, Tennessee, and encourage all our citizens to pursue preventative health practices and early detection efforts.

Be it further *PROCLAIMED*, that a copy of this proclamation, signed by the Mayor, attested by the City Recorder and bearing the great seal of the City, be presented to in recognition of Men's Health Month.



*In witness whereof I have hereunto set my hand and caused this seal to be affixed.*

ATTEST

DATE

*[Signature]*  
*[Signature]*  
May 14, 2021