

The Commonwealth of Massachusetts



A Proclamation

Whereas, Despite advances in medical technology and research, men continue to live an average of five years less than women in the United States, with Native American and African-American men having the lowest life expectancy; and

Whereas, COVID-19 is destroying lives across the country, with the Centers for Disease Control and Prevention reporting that males are more likely to die from this pandemic; and

Whereas, Encouraging safe behaviors including social distancing, wearing masks, and being vaccinated will help stop the spread of COVID-19; and

Whereas, Educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

Whereas, Men who are educated about the value of preventive health care in prolonging their lifespan and continuing their role as productive family members will be more likely to participate in health screenings; and

Whereas, Fathers who maintain a healthy lifestyle are role models for their children and this can help in the promotion of healthy lifestyle behaviors among their children; and

Whereas, Massachusetts' Men's Health Month will focus on a broad range of health issues that affect men, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

Whereas, The citizens of Massachusetts are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups,

Now, Therefore, I, Charles D. Baker, Governor of the Commonwealth of Massachusetts, do hereby proclaim June 2021, to be,

MEN'S HEALTH MONTH

And urge all the citizens of the Commonwealth to take cognizance of this event and participate fittingly in its observance.

Given at the Executive Chamber in Boston, this first day of June, in the year two thousand and twenty-one, and of the Independence of the United States of America, the two hundred and forty-fourth.

BY HIS EXCELLENCE

Handwritten signature of Charles D. Baker in blue ink.

CHARLES D. BAKER
GOVERNOR OF THE COMMONWEALTH

Handwritten signature of Karyn E. Polito in blue ink.

KARYN E. POLITO
LT. GOVERNOR OF THE COMMONWEALTH

Handwritten signature of William Francis Galvin in blue ink.

WILLIAM FRANCIS GALVIN
SECRETARY OF THE COMMONWEALTH

God Save the Commonwealth of Massachusetts