

CITY OF MOUNTAIN VIEW PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women, with Native American and African-American men having the lowest life expectancy; and educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screenings; and the Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health; and Men's Health Month will focus on a broad range of men's health issues, including heart disease; mental health; diabetes; and prostate, testicular, and colon cancer; and


WHEREAS, the citizens of this City are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical checkups;

NOW, THEREFORE, I, Ellen Kamei, Mayor of the City of Mountain View, along with my colleagues on the City Council, do hereby proclaim June as

MEN'S HEALTH MONTH

Signed and sealed this 1st day of June 2021.




ELLEN KAMEI, MAYOR