



CITY OF ROCKY MOUNT
OFFICE OF THE MAYOR

Proclamation

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African American men having the lowest life expectancy; and

WHEREAS, COVID-19 is destroying lives across the country with the Centers for Disease Control reporting that males are more likely to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social distancing, wearing masks and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, educating the public about the importance of a healthy lifestyle, the value of preventative health screenings and early detection of male health problems will result in reducing rates of mortality from disease; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, the Men's Health Network has worked with Congress to develop a national men's health awareness month to help educate men, boys and their families about the importance of positive health attitudes and preventative health practices; and has established the Men's Health Month website at www.MensHealthMonth.org to feature resources, proclamations and information about awareness events and activities, including Wear Blue for Men's Health; and

WHEREAS, the residents of Rocky Mount are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise and medical check-ups.

NOW, THEREFORE, I, C. Saunders Roberson, Jr., by virtue of the authority vested in me as Mayor of the City of Rocky Mount do hereby proclaim the month of June 2021 as:

"MEN'S HEALTH MONTH"

in the City of Rocky Mount and call upon the citizens of the City of Rocky Mount, North Carolina to join their fellow citizens across the United States in recognizing and participating in this special observance.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Rocky Mount to be affixed this 1st day of June in the year Two Thousand Twenty-One.



CITY OF ROCKY MOUNT

C. Saunders Roberson, Jr.
Mayor