

CITY OF SAGINAW

PROCLAMATION

WHEREAS, despite advances in medical technology and research, men continue to live an average of five years less than women with Native American and African-American men having the lowest life expectancy; and

WHEREAS, COVID-19 is destroying lives across the country, with the Center for Disease Control reporting that males are more like to die from this pandemic; and

WHEREAS, encouraging safe behaviors including social distancing; wearing masks, and being vaccinated will help stop the spread of COVID-19; and

WHEREAS, educating the public and health care providers about the importance of a healthy lifestyle and early detection of male health problems will result in reducing rates or mortality from disease; and

WHEREAS, men who are educated about the value that preventative health can play in prolonging their lifespan and their role as productive family members will be more likely to participate in health screens; and

WHEREAS, fathers who maintain a healthy lifestyle are role models for their children and have happier, healthier children; and

WHEREAS, Men's Health Network worked with Congress to develop a national men's health awareness period as a special campaign to help educate men, boys, and their families about the importance of positive health attitudes and preventative health practices; and

WHEREAS, the Men's Health Month website has been established at www.MensHealthMonth.org and features resources, proclamations, and information about awareness events and activities, including Wear Blue for Men's Health (www.WearBlueForMensHealth.com); and

WHEREAS, Saginaw Men's Health Month will focus on a broad range of men's health issues, including heart disease, mental health, diabetes, and prostate, testicular and colon cancer; and

WHEREAS, the citizens of this city are encouraged to increase awareness of the importance of a healthy lifestyle, regular exercise, and medical check-ups.

NOW, THEREFORE BE IT RESOLVED, I, Brenda F. Moore, Mayor of the City of Saginaw, hereby proclaim June 2021 as **"MEN'S HEALTH MONTH"** in the City of Saginaw and encourage all citizens of Saginaw to pursue preventative health practices and early detection efforts.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the seal of the City of Saginaw to be affixed this 1st day of June in the year of our Lord two thousand twenty one.



June 1, 2021

Brenda F. Moore, Mayor

Councilpersons

Michael D. Balls, Mayor Pro Tem
Annie Boensch, George Copeland, Jr.
Michael Flores, Monique Lamar-Silvia, Bill Ostash
Autumn L. Scherzer, and Reggie Williams II

Timothy Morales, City Manager